

Day Spa Packages

Saba Sunrise Package

Enjoy Breakfast served in our fabulous Kitty's Restaurant

Followed by a 30min treatment of your choice

60min thermal suite access

£59 per person

Saba Morning Package

Enjoy 30min treatment of your choice,

Followed by 60mins thermal suite access

Glass of Prosecco & 2 Course Lunch

(Lunch is served between 12pm- 3pm)

£75 per person

Luxury Afternoon tea Package

60min treatment of your choice

Followed by 60mins thermal suite access

Afternoon tea served with Glass of Prosecco up in our lobby

(Not available on Sundays, served between 12pm -3pm)

£95 per person

Saba Serenity Spa policies & procedures

Arrival at the Spa

All guests are expected to arrive 15mins prior to appointment time. This allows time to fill out consultation forms and to get changed into robes. Larger groups of 4 or more people we ask that you come 20mins before appointment time. Late arrivals or guests who are not ready for their treatment start time will have their treatment cut short as to not impede on other guest bookings.

What to bring with you

If you would like to make use of our Thermal suite after your treatment please bring swimwear with you and flip-flops to wear on your feet, we will provide a towel and robe to wear.

Spa etiquette

We aim to make every guests visit to Saba Serenity Spa an enjoyable relaxing experience. We ask that all our guests be mindful of other peoples experience & not to be too loud and/or boisterous. Any group or guests that are being too loud and/or disruptive may be asked to leave.

Age restriction

All spa treatments are strictly for persons over the age 16. No minors are allowed in the Thermal suite area unattended.

Large group bookings

With plenty of notice we can accommodate larger groups for birthdays, hen parties or baby showers. Deposits of £10 per person will be required for bookings of 4 or more people. Please be advised no food or drink is permitted in the Thermal suite area.

Cancellations

We would ask that you give us the courtesy of at least 48hrs notice of a booking cancellation. If a deposit was taken you will forfeit this if cancellation is within the notice period.

Medical concerns

Some medical conditions are contraindicated to treatments. This means it may actually cause more harm than good to be treated. We would ask that you make us aware of any serious medical conditions/concerns you may have at time of booking. This will help us determine whether or not you can be treated so that there is no last minute disappointments on the day of arrival.