



SABA

S E R E N I T Y

WELCOME TO
SABA SERENITY SPA

NAMED AFTER "THE SWEET GODDESS AND
WIFE OF LOCAL LEGEND FINN MCCOOL".



Facial

TREATMENTS

SELF DISCOVERY RADIANCE FACIAL

Allow us to tailor your facial specifically to your skin's needs. Incorporating a facial massage and the combination of VOYA'S finest organic ingredients, to leave your skin feeling purified, nourished and perfectly balanced.

Choose from:

Purifying Facial (oily/combination)

Duration 55 mins £65

Ultra Calming (Sensitive Skin)

Duration 55 mins £65

Intensive Hydra Veil Facial

(Dry Skin) *Duration 55 mins £65*

ANTI-AGEING RESTORATIVE FACIAL

A VOYA treatment which is suitable for all skin types but particularly those in search of anti-ageing results. With ingredients that help to stimulate collagen production and reduce the appearance of fine lines and wrinkles.

Duration 70 mins £75

DELUXE FACIAL EXPERIENCE

The ultimate VOYA facial experience, allowing you the best of both worlds. Starting with a back massage to induce relaxation and gently melt away muscular pain.

Followed on with a freshly harvested seaweed facial, utilizing the exclusive re-mineralizing Mermaid's Purse face mask and laminaria leaves. This is the crème de la crème of all facial experiences.

Duration 90 mins £80

INTENSE DEFENCE FACIAL FOR MEN

Exclusively created for men's specific skin care needs, this powerful and effective treatment offers exfoliation and a deep cleanse. Using VOYA'S seaweed leaves and mermaid's purse, even the most sensitive skins are left feeling hydrated, fresh, and mattified.

Duration 45 mins £65



Body

TREATMENTS

ORGANIC LUSCIOUS SALT GLOW

Dead Sea Salts and Organic Seaweed Oil, are combined to perform this beautiful VOYA treatment. Results will show firming of the skin tone, increased lustre and a more refined skin, leaving an overall soothed and smoothed texture.
Duration 55 mins £60

MINDFUL DREAMS

This sleep encouraging experience will offer you a heightened sense of relaxation. After VOYA'S Mindful Dreams ritual, be ready to have all stresses, strains and tensions melt away.
Duration 75 mins £80

ORGANIC PRENATAL VOYAGER

This hydrating and nourishing treatment provides you with a ritual of relaxation and sense of tranquillity. A full body Buff with gentle exfoliation, followed with nourishing mamma oil provides a gentle release of stress and tension while easing away aches and pains associated with pregnancy. You will feel comfortably cocooned, supported and restored in our hands.
Duration 90 mins £85

ORGANIC SEAWEED LEAF WRAP

Using real organic Seaweed leaves unlike any others, this VOYA treatment is a truly amazing and detoxifying therapy. The whole body will be scrubbed then wrapped in Laminaria Seaweed Leaves providing instant results and completed with an application massage of Softly Does It to nourish and soften.
Duration 90 mins £110

LAZY DAYS DETOX SEAWEED BATH

Submerge your body into a warm bath of organic hand-harvested Atlantic Seaweed. This not only promotes an increase in circulation but removes unwanted toxins and alleviates aches and pains. "The renowned Sailors Cure"
Duration 45mins £55

(Available temporarily to hotel guests only)



Massage

TREATMENTS

SWEET GODDESS FULL BODY MASSAGE

A massage we custom fit to our clients needs. Designed to ease away tension, whilst restoring a sense of tranquillity and leave you feeling completely relaxed.

Duration 1 hr £65

1hr 30 mins Luxury full body £75

SABA SERENITY BACK NECK AND SHOULDER MASSAGE

A massage tailored to relieve stresses and tensions using a blend of nourishing oils to ease away any knots and aches.

Duration 30 mins £45

SABA SIGNATURE INDIAN HEAD MASSAGE

This is a relaxing holistic treatment that uses acupressure massage on the head, face, neck and shoulders. It will relieve your tensions and rebalance energy.

Duration 30 mins £45

SABA SOOTHING FOOT AND LEG MASSAGE

Soothe tired, aching or swollen feet and heavy legs with this luxurious and revitalising treatment.

Duration 30 mins £45



Pamper PACKAGES

VOYA
ORGANIC BEAUTY

HALF DAY SPA PACKAGE

Voya Self Discovery Radiance Facial

Saba Serenity Back, neck and Shoulder Massage

Duration 1 hr 30 mins £99

FULL DAY SPA PACKAGE

Self Discovery Radiance Facial

Sweet Goddess Luxury Full Body Massage

Saba Indian Head Massage

Duration 3 hrs £169

SPA ETIQUETTE

We operate a calm and relaxing environment for all our guests and would ask all our clients to respect this by switching off all electronic devices.

Please use the lockers provided to store all valuable items. No responsibility will be taken by the spa for any items lost or stolen.

During your treatment, our therapist will use a blanket and towel covering technique to protect our client's modesty.

Treatment and group bookings will be provided with a refreshment of choice on the day.

Robes and slippers will be provided for anyone receiving treatments or for those who have booked a thermal spa session.

T & C 'S SABA SERENITY

Booking is essential for all Spa facilities.

Persons 16 years and over permitted for treatments, however an adult must sign consultation forms for persons under the age of 18.

Please arrive 20 mins before your treatments to allow for changing and a consultation. Late arrival will result in loss of treatment time.

All bookings must be secured with a debit/credit card. Please inform us of cancellations before 48 hours. Less than this will result in a 50% charge of treatments booked and less than 24 hours will incur a full charge. Full payment required on arrival. Group bookings will be treated as one. Group bookings will require a 10% deposit if over 4 persons.

We operate a no refund policy.

During your consultation, or at the time of booking, you must inform us of any Conditions or illnesses, such as Pregnancy, thyroid or cancer treatments. Please inform us also of any allergies such as Iodine and Shellfish. Pregnant woman must be over 14 weeks to receive various treatments.

OPENING HOURS

MONDAY – SATURDAY 9.30AM TO 5PM

LATE NIGHT AVAILABLE ON THURSDAY TO 8PM

SUNDAY 11AM TO 6PM

 **USHTOWN**
HOTEL & SPA

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